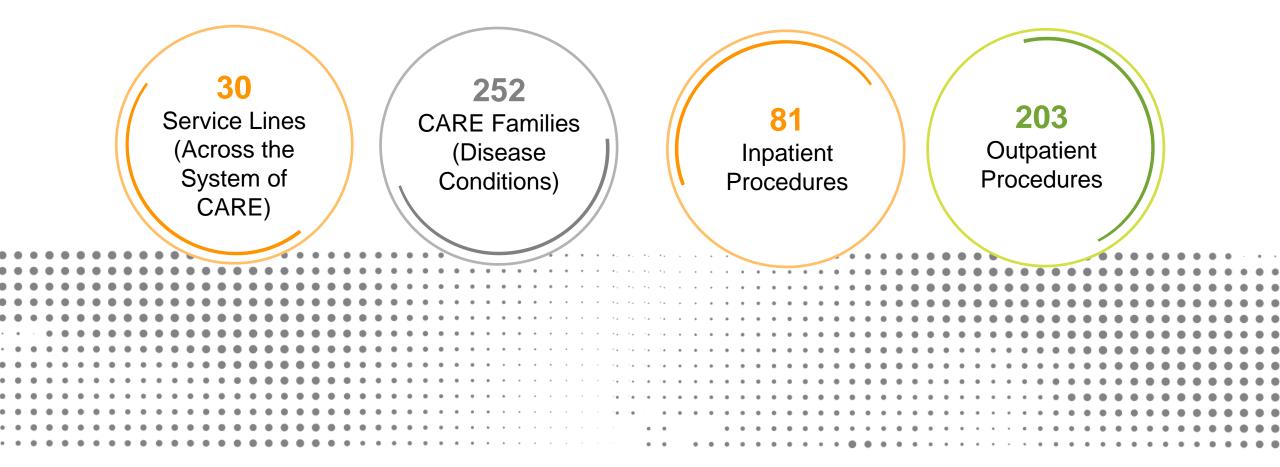


## 2024 Impact of Change® Forecast Highlights

Chad Giese Principal, Sg2

### Karyl Kopaskie, PhD Principal, Sg2

Tori Richie Senior Director, Sg2 Categorize Your Data Across **27,000+** Unique CARE Group Combinations, Including...







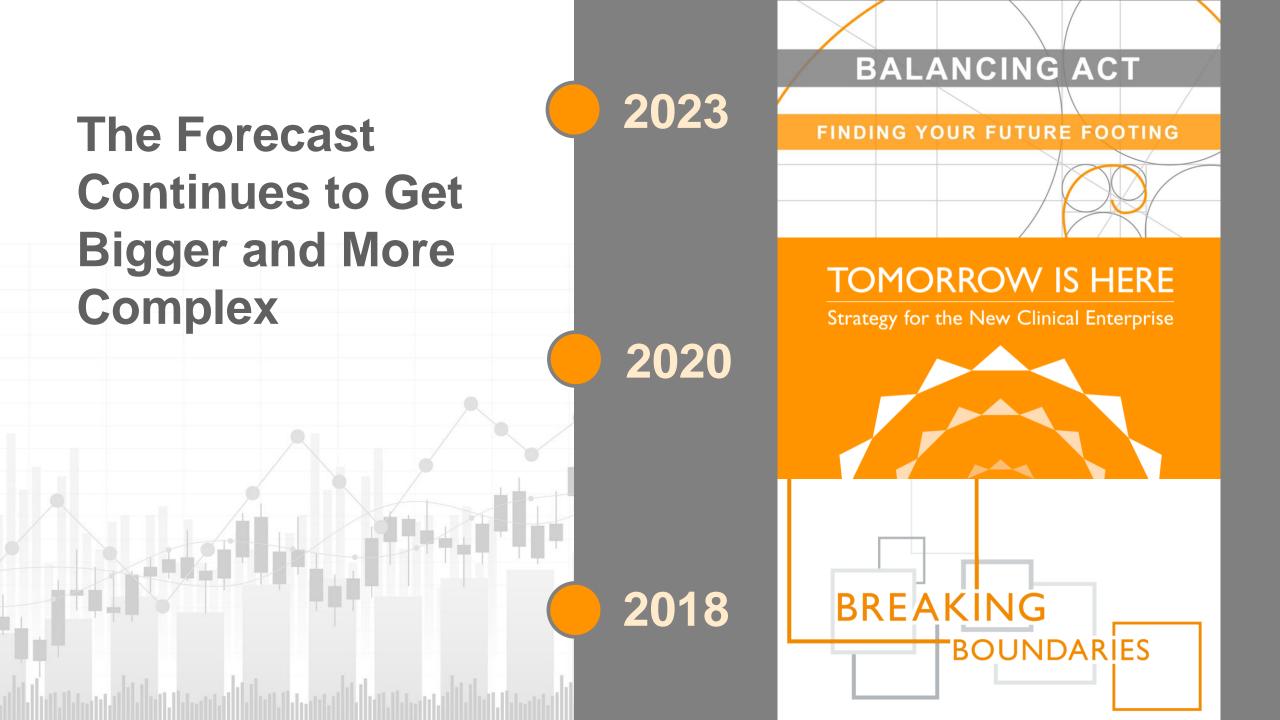
### THE POWER OF DISEASE-BASED FORECASTING

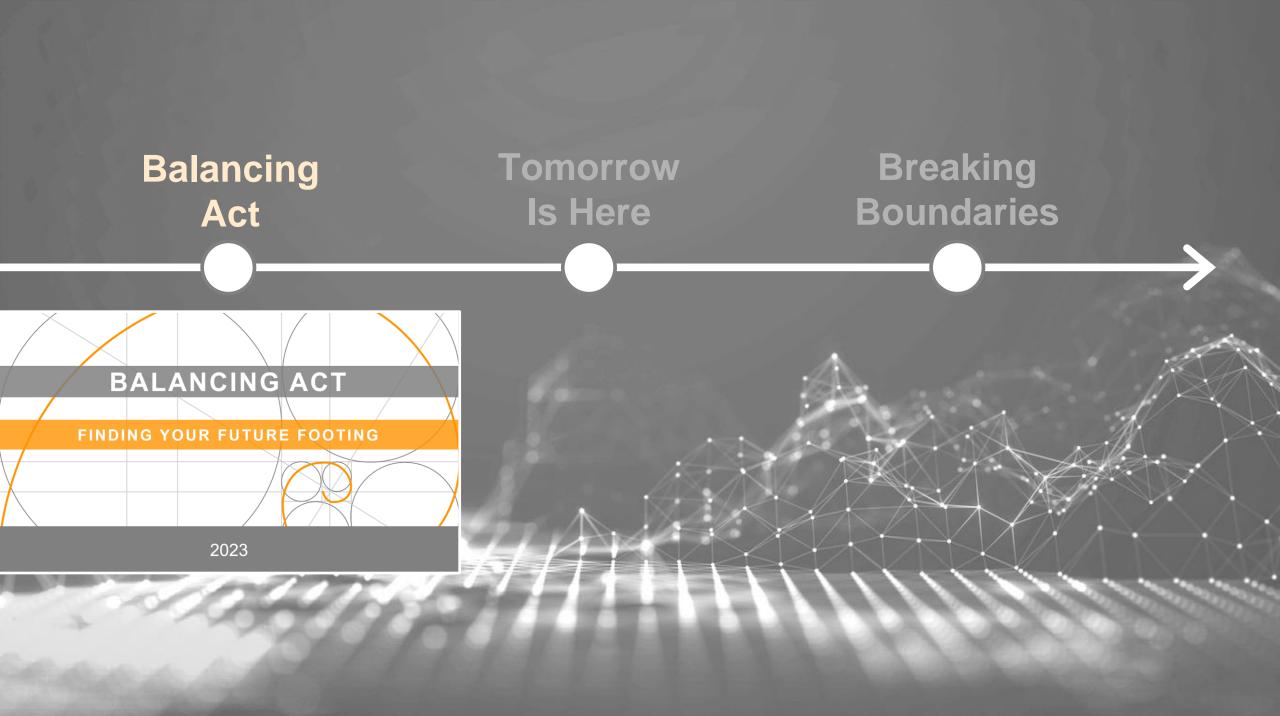
By starting with trends in the prevalence and incidence of underlying health conditions, the disease-based Impact of Change model analyzes patient-level data and local market trends to project demand across inpatient and outpatient services. Each year, Sg2's experts evaluate and update a series of impact factors to forecast how each of these variables will influence volumes. Each impact factor reflects the trends specific to disease groupings and procedures within the population.

### SOURCES

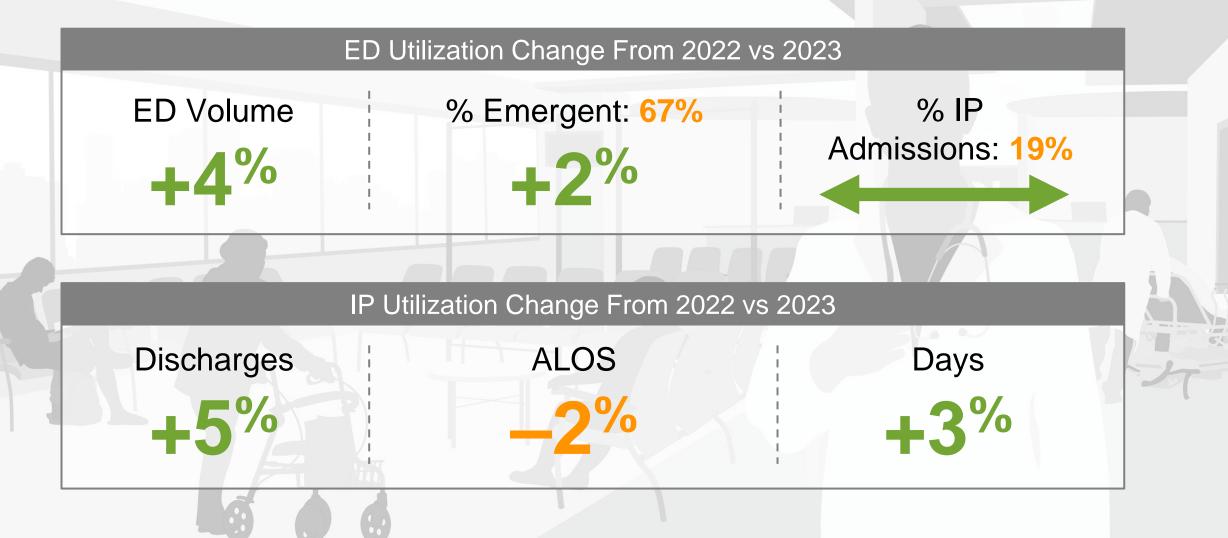
Impact of Change®, 2024; HCUP National Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP) 2019. Agency for Healthcare Research and Quality, Rockville, MD; Proprietary Sg2 All-Payer Claims Data Set, 2022; The following 2022 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts®, 2024; Sg2 Analysis, 2024.







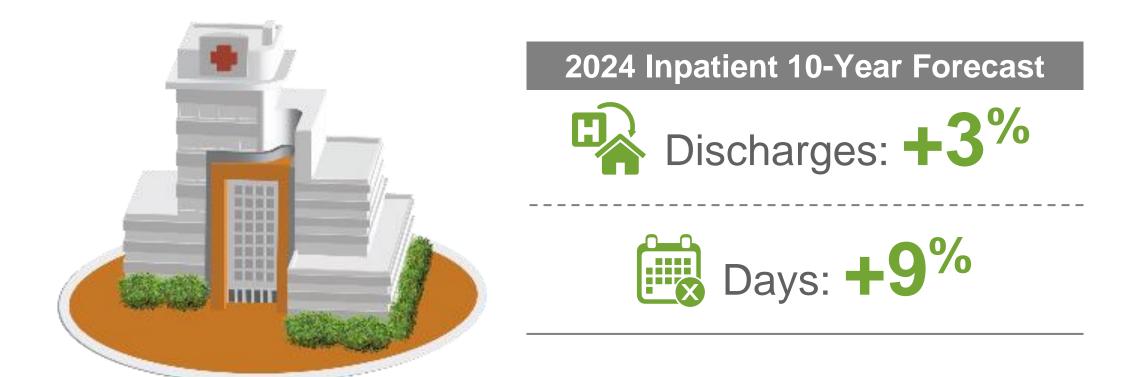
**2023 Year in Review:** ED and IP Utilization Rise Across Most Service Lines



Note: Analysis excludes 0–17 age group. Emergent visits defined as CPT codes 99284, 99285 and 99291. Sources: Data from the Vizient<sup>®</sup> Clinical Data Base/Resource Manager<sup>™</sup> used by permission of Vizient, Inc. All rights reserved. Q1 2022–Q4 2023; Sg2 Analysis, 2024.



Inpatient Growth Stems From Days, Not Discharges



Note: Analysis excludes 0–17 age group. Sources: Impact of Change<sup>®</sup>, 2024; HCUP National Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP) 2019. Agency for Healthcare Research and Quality, Rockville, MD; Claritas Pop-Facts<sup>®</sup>, 2024; Sg2 Analysis, 2024.



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### Balance Inpatient Portfolio for Strategic Capacity Management

#### **Inpatient Portfolio Days Distribution**

US Market, Adults, 2024

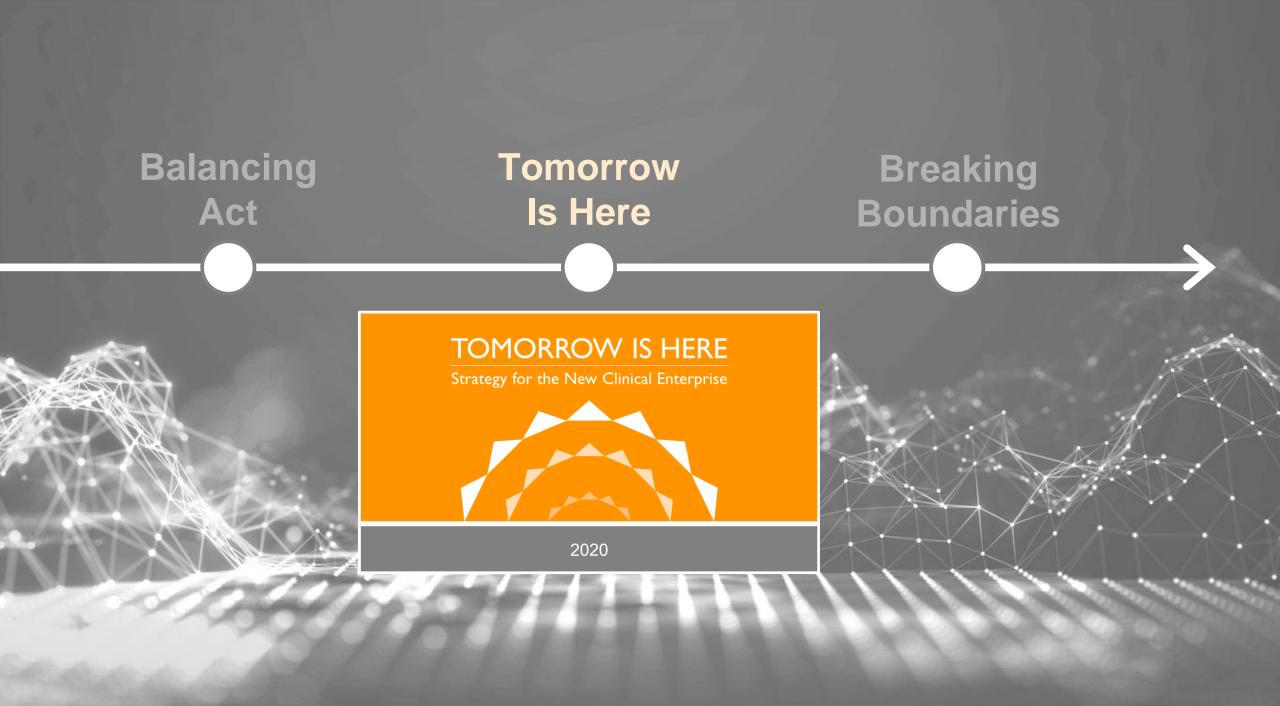


**Inpatient Portfolio Days Forecast** 

US Market, Adults, 2024–2034

### **Note:** Analysis excludes 0–17 age group. Percentages may not add to 100% due to rounding. Quaternary is Sg2 2024 Quaternary DRG list. Tertiary at risk of shifting = DRGs removed from Sg2 Tertiary List from 2017 to 2024. High Acuity: CMS weighted DRGs > 2.0; Medium Acuity: CMS weighted DRGs < 1.0. **Sources:** Impact of Change<sup>®</sup>, 2024; HCUP National Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP) 2019. Agency for Healthcare Research and Quality, Rockville, MD; Claritas Pop-Facts<sup>®</sup>, 2024; Sg2 Analysis, 2024.





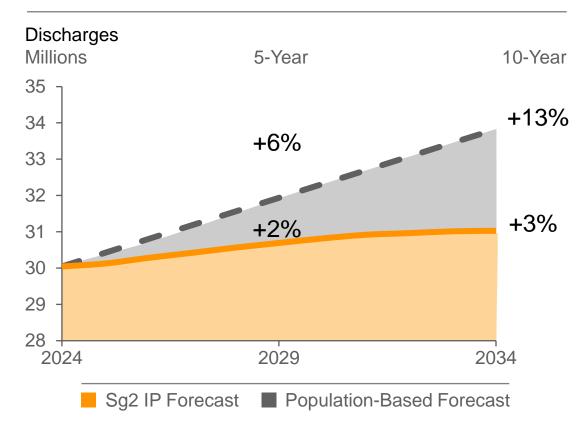
## Modest Rises in Inpatient Volumes Expected Due to Rising Patient Acuity



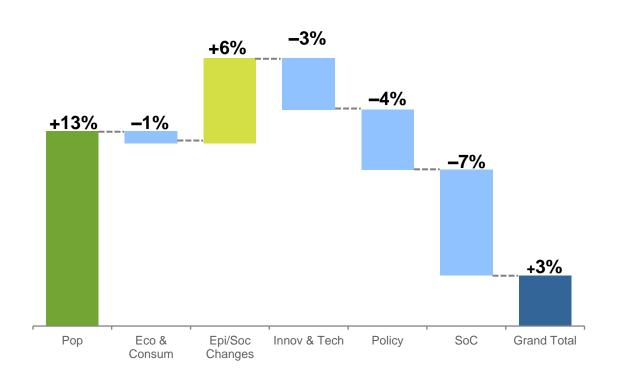
Sq2 ANALYTICS

### Adult Inpatient Forecast

US Market, 2024–2034



#### Adult Inpatient Forecast Impact Factors US Market, 2024–2034



Note: Analysis excludes 0–17 age group. Eco & consum = economy and consumerism; epi/soc = epidemiology/sociocultural changes; innov & tech = innovation and technology; pop = population; SoC = System of CARE. Sources: Impact of Change<sup>®</sup>, 2024; HCUP National Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP) 2019. Agency for Healthcare Research and Quality, Rockville, MD; Claritas Pop-Facts<sup>®</sup>, 2024; Sg2 Analysis, 2024.



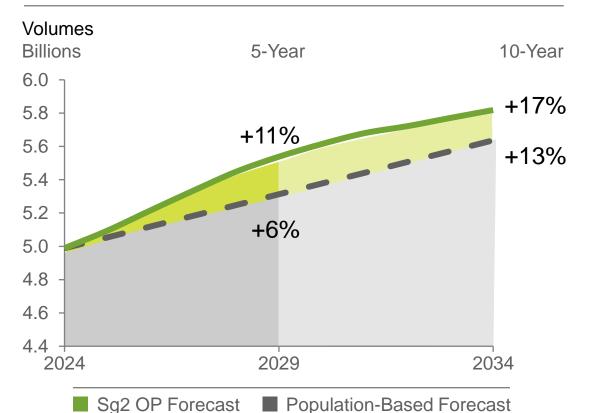
### Outpatient Demand Outpaces Population-Based Demand Projections



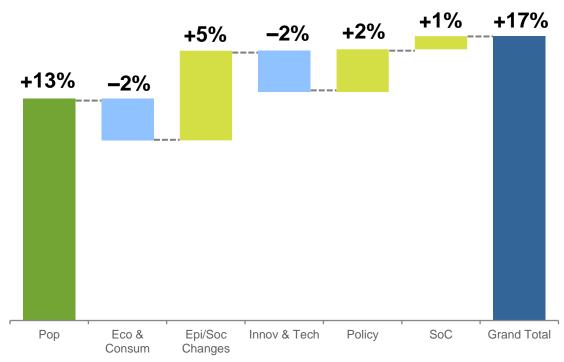
Sq2 ANALYTICS

### **Adult Outpatient Forecast**

US Market, 2024–2034



#### Adult Outpatient Forecast Impact Factors US Market, 2024–2034



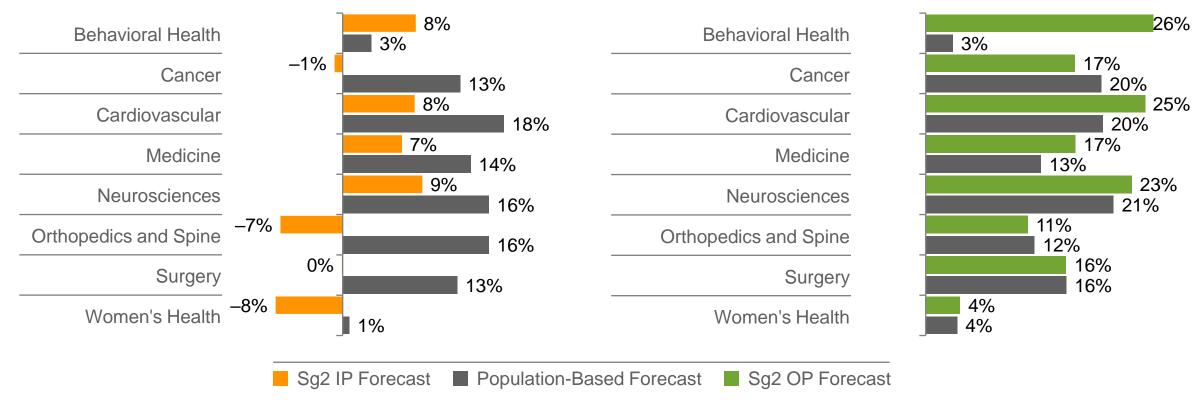
Note: Analysis excludes 0–17 age group. Sources: Impact of Change<sup>®</sup>, 2024; Proprietary Sg2 All-Payer Claims Data Set, 2022; The following 2022 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts<sup>®</sup>, 2024; Sg2 Analysis, 2024.

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### **Utilization Trends Vary Across Service Lines**

#### Inpatient Service Line Growth US Market, Adults, 2024–2034



**Outpatient Service Line Growth** 

US Market, Adults, 2024–2034

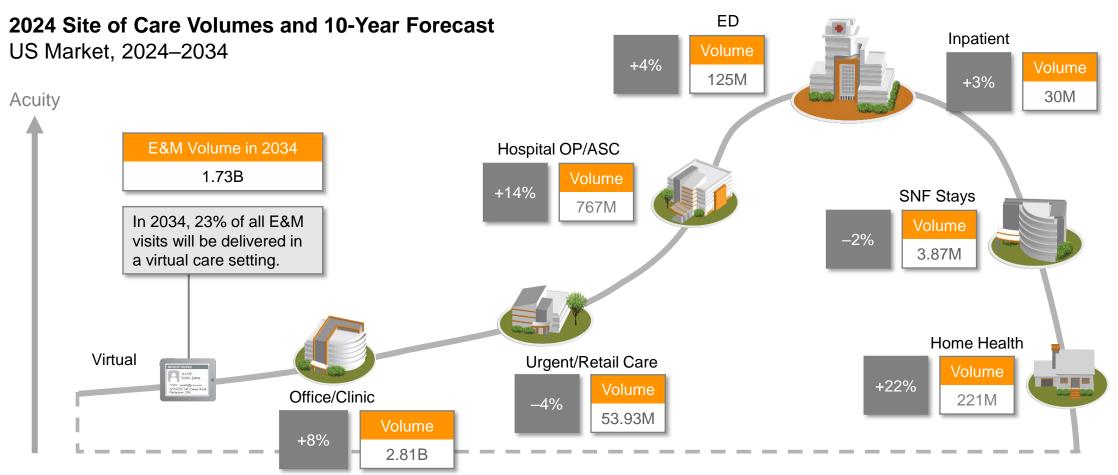
Note: Analysis excludes 0–17 age group. 0% indicates the forecast is flat (less than ±1%). Behavioral Health includes behavioral health service line and Poisonings—Commonly Abused Drugs CARE Family. Cardiovascular includes cardiology and vascular. Medicine includes allergy and immunology, dermatology, endocrinology, gastroenterology, genetics, hematology, infectious diseases, nephrology, pulmonology, and rheumatology. Surgery includes burns and wounds, otolaryngology, general surgery, ophthalmology, and urology. Sources: Impact of Change<sup>®</sup>, 2024; HCUP National Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP) 2019. Agency for Healthcare Research and Quality, Rockville, MD; Proprietary Sg2 All-Payer Claims Data Set, 2022; The following 2022 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts<sup>®</sup>, 2024; Sg2 Analysis, 2024.



### Site of Care Forecast Driven by Rising Acuity and **Emerging Care Models**



Sq2 ANALYTICS



Note: ED forecast defined as urgent and emergent visits. E&M Visits defined as procedures visits—evaluation and management, established patient visits—in person, established patient visits—virtual, new patient visits—in person, new patient visits—virtual. Home Health defined as procedures home nurse visits and home visits other. Analysis excludes 0-17 age group. ASC = ambulatory surgery center; E&M = evaluation and management; SNF = skilled nursing facility. Sources: Impact of Change<sup>®</sup>, 2024; HCUP National Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP) 2019. Agency for Healthcare Research and Quality, Rockville, MD; Proprietary Sg2 All-Payer Claims Data Set, 2022; The following 2022 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts<sup>®</sup>, 2024; Sg2 Analysis, 2024. © 2024 Sg2, LLC All rights reserved 13





### Shift to Virtual Continues Despite Adoption Headwinds

### E&M Visits 10-Year Forecast

US Market, 2024–2034



\*Percentage of E&M visits occurring virtually. **Note:** Analysis excludes 0–17 age group. 0% indicates the forecast is flat (less than ±1%). E&M visits defined as procedures visits—evaluation and management, established patient visits—in person, established patient visits—virtual, new patient visits—in person, new patient visits—virtual. **Sources:** Impact of Change<sup>®</sup>, 2024; Proprietary Sg2 All-Payer Claims Data Set, 2022; The following 2022 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts<sup>®</sup>, 2024; Sg2 Analysis, 2024.





### Ambulatory Growth Will Require Segmented Approach

### Outpatient Volumes by Portfolio Subtype US Market, 2024

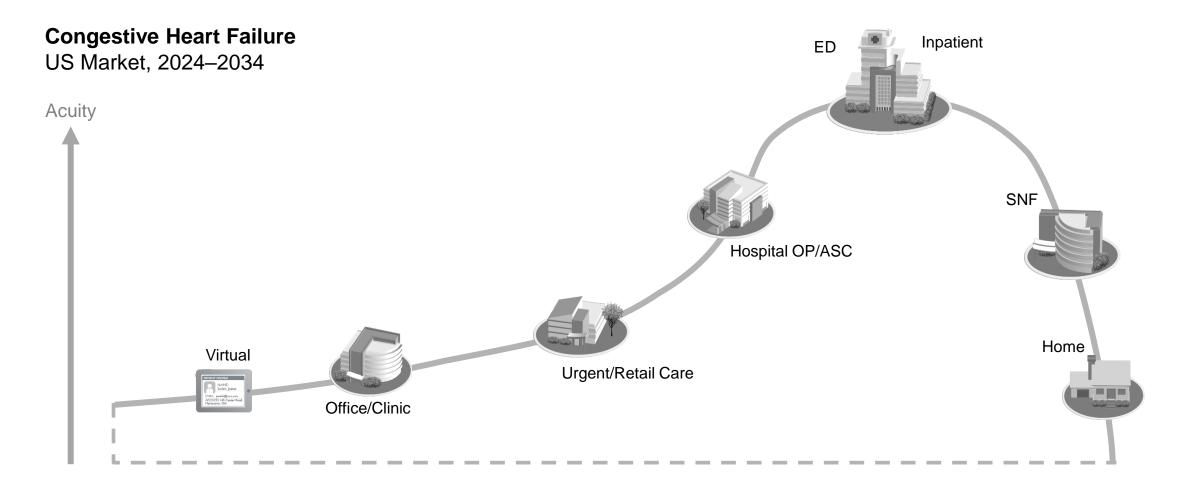
	PLINARY CARE tise and acuity	<b>RELATIONAL CARE</b> Frequent interactions	HEALTHY HEAL Transient conditions and h	
<b>Tertiary</b> (ie, niche, rare disease)	<b>Complex</b> (ie, MI, stroke and cancer)	<b>Recurring</b> (ie, chronic care management and subspecialist referrals)	<b>Transactional</b> (ie, treat it and done, urgent/retail clinic care)	<b>Preventive</b> (ie, wellness visits, screening encounters)
Î				Î
5%	11%	45%	32%	7% Public Health

Note: Analysis excludes 0–17 age group. MI = myocardial infarction. Sources: Impact of Change<sup>®</sup>, 2024; Proprietary Sg2 All-Payer Claims Data Set, 2022; The following 2022 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts<sup>®</sup>, 2024; Sg2 Analysis, 2024.





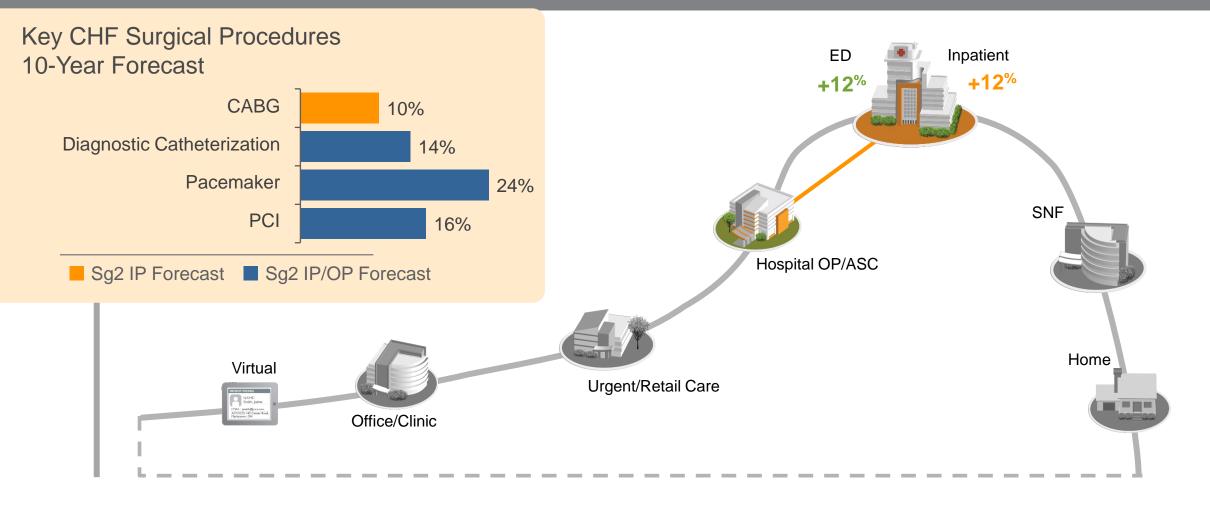
### Treatment of Acute Patients Requires Programmatic Approach







### Treatment of Acute Patients Requires Programmatic Approach

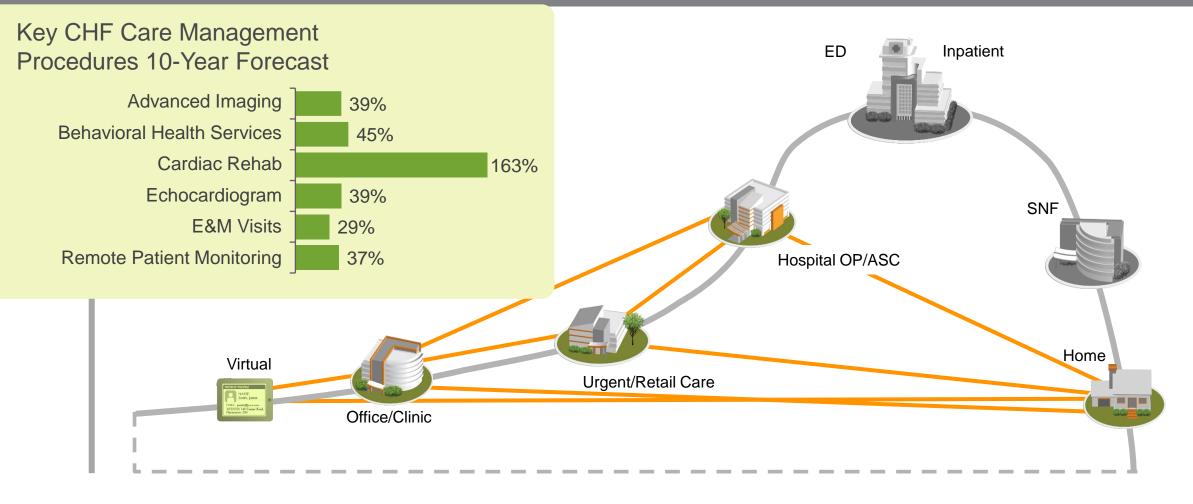


Note: Analysis excludes 0–17 age group. CABG = coronary artery bypass graft; CHF = congestive heart failure; PCI = percutaneous coronary intervention. Sources: Impact of Change<sup>®</sup>, 2024; HCUP National Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP) 2019. Agency for Healthcare Research and Quality, Rockville, MD; Proprietary Sg2 All-Payer Claims Data Set, 2022; The following 2022 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts<sup>®</sup>, 2024; Sg2 Analysis, 2024.





### Treatment of Acute Patients Requires Programmatic Approach

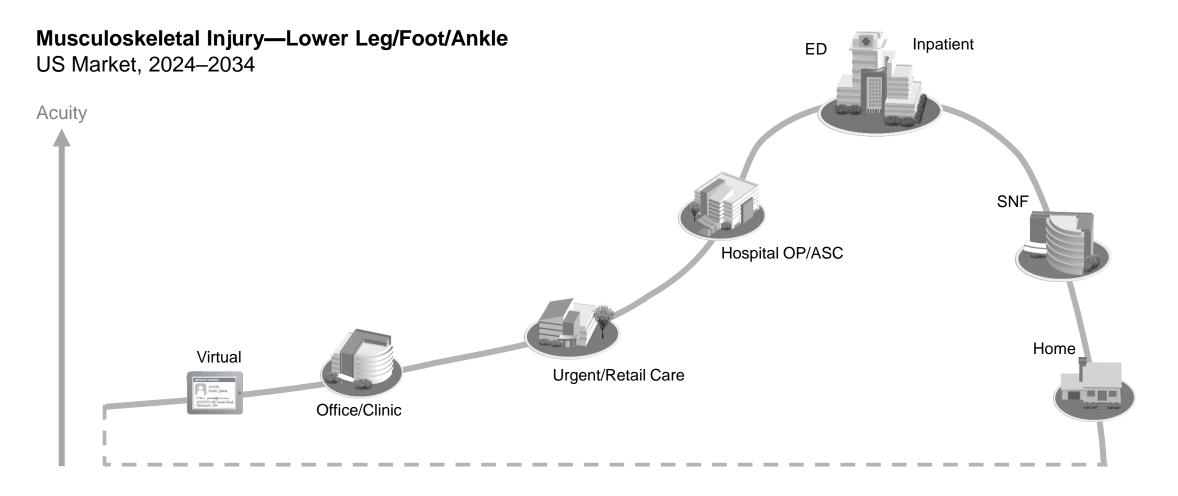


Note: Analysis excludes 0–17 age group. E&M visits defined as procedures visits—evaluation and management, established patient visits—in person, established patient visits—virtual, new patient visits—in person, new patient visits—virtual. Sources: Impact of Change<sup>®</sup>, 2024; HCUP National Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP) 2019. Agency for Healthcare Research and Quality, Rockville, MD; Proprietary Sg2 All-Payer Claims Data Set, 2022; The following 2022 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts<sup>®</sup>, 2024; Sg2 Analysis, 2024.





### Patients Seeking Transactional Services Prioritize Access

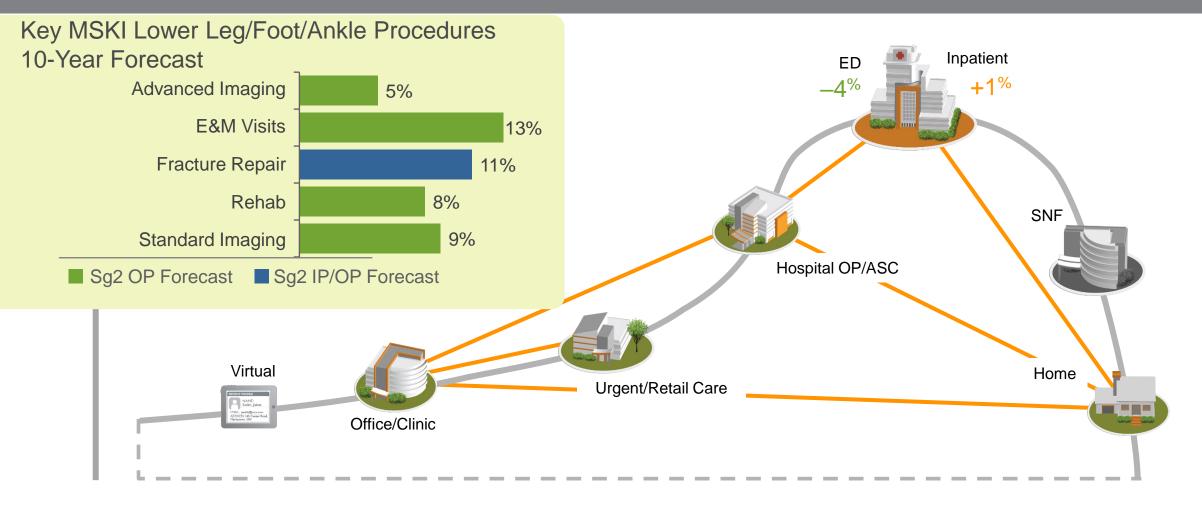


Note: Analysis excludes 0–17 age group. ED forecast defined as urgent and emergent visits. Sources: Impact of Change<sup>®</sup>, 2024; HCUP National Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP) 2019. Agency for Healthcare Research and Quality, Rockville, MD; Proprietary Sg2 All-Payer Claims Data Set, 2022; The following 2022 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts<sup>®</sup>, 2024; Sg2 Analysis, 2024.



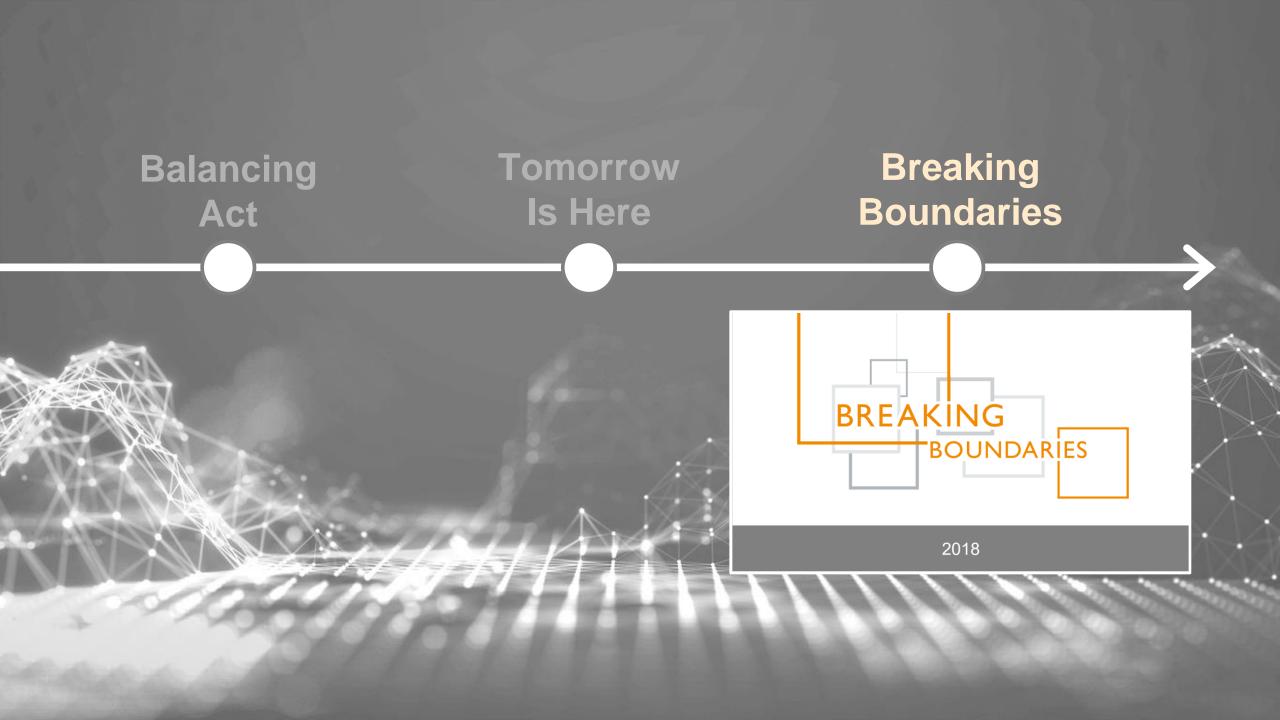


### Patients Seeking Transactional Services Prioritize Access



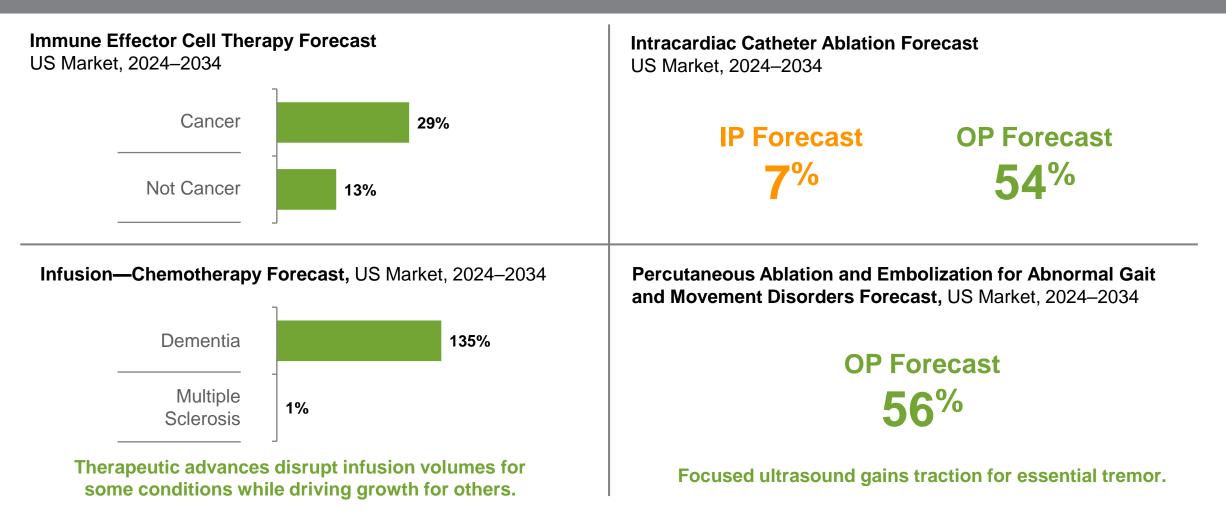
Note: Analysis excludes 0–17 age group. E&M visits defined as procedures visits—evaluation and management, established patient visits—in person, established patient visits—virtual, new patient visits—in person, new patient visits—virtual. MSKI = musculoskeletal injury. Sources: Impact of Change<sup>®</sup>, 2024; HCUP National Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP) 2019. Agency for Healthcare Research and Quality, Rockville, MD; Proprietary Sg2 All-Payer Claims Data Set, 2022; The following 2022 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts<sup>®</sup>, 2024; Sg2 Analysis, 2





## Innovation Will Catalyze How Care Is Delivered Across the System of CARE





Note: Analysis excludes 0–17 age group. Sources: Impact of Change<sup>®</sup>, 2024; HCUP National Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP) 2019. Agency for Healthcare Research and Quality, Rockville, MD; Proprietary Sg2 All-Payer Claims Data Set, 2022; The following 2022 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts<sup>®</sup>, 2024; Sg2 Analysis, 2024.



### **Behavioral Health:** Demand for Behavioral Health Creates Opportunity to Improve Population Health



IP Rising Tide of Acuit	65+	
IP Discharges	<b>+8</b> %	+30%
ALOS	+3%	<b>+3</b> %
Bed Days	<b>+12</b> %	<b>+34</b> %

<b>OP Visits and Procedures</b>	65+	
OP Volumes Overall	<b>+26</b> %	+46%
E&M Visits	+17%	<b>+42</b> %
IOP and PHP	<b>+38</b> %	<b>+56</b> %
ECT and TMS	<b>+60</b> %	<b>+83</b> %

An increasing need for services treating comorbid conditions will challenge IP services.

Focusing on upstream care for Medicare- and MA-aged population (65+) will mitigate strong bed demand.

BH virtual health visits will see strong growth and make up a larger portion of psychotherapy visits over the next decade.

23<sup>%</sup> In-person psychotherapy growth

of **psychotherapy** visits will be delivered virtually in 2034 (vs **49%** in 2024).

50%

Note: Analysis excludes 0–17 age group. Behavioral Health includes behavioral health service line and Poisonings—Commonly Abused Drugs CARE Family. E&M visits defined as procedures visits—evaluation and management, established patient visits—in person, established patient visits—virtual, new patient visits—in person, new patient visits—virtual. Percentages represent Sg2's 10-year growth forecast. BH = behavioral health; ECT = electroconvulsive therapy; IOP = intensive outpatient program; MA = Medicare Advantage; PHP = partial hospital program; TMS = transcranial magnetic stimulation. **Sources:** Impact of Change<sup>®</sup>, 2024; HCUP National Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP) 2019. Agency for Healthcare Research and Quality, Rockville, MD; Proprietary Sg2 All-Payer Claims Data Set, 2022; The following 2022 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts<sup>®</sup>, 2024; Sg2 Analysis, 2024.



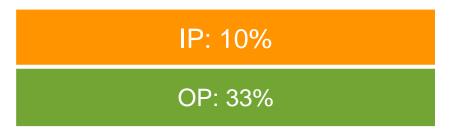
**Cancer:** Complex Surgical and Medical Admissions Contribute to IP Utilization; Steady Innovation in Therapeutics Drives OP Volumes

Inpatient Distribution and 10-Year Forecast by Subspecialty, US Market, Adults, 2024–2034

	% Medical vs Surgical		10-Year Forecast
Overall	52% surgical	48% MEDICAL	-1 <sup>%</sup>
Breast	75% surgical	25% MEDICAL	-4 <sup>%</sup>
Hematologic	16 <sup>%</sup> surgical	84% MEDICAL	0%
Lung	51% SURGICAL	49% MEDICAL	+4%

Outpatient: +17 %				
+15%	+6%	+4%		
Chemotherapy	Radiation Therapy	Urgent and Emergent		

Growing utilization and shift to OP drives growth in immune effector cell therapies and stem cell transplants in hematologic cancers.



Note: Analysis excludes 0–17 age group. 0% indicates the forecast is flat (less than ±1%). Sources: Impact of Change<sup>®</sup>, 2024; HCUP National Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP) 2019. Agency for Healthcare Research and Quality, Rockville, MD; Proprietary Sg2 All-Payer Claims Data Set, 2022; The following 2022 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts<sup>®</sup>, 2024; Sg2 Analysis, 2024.

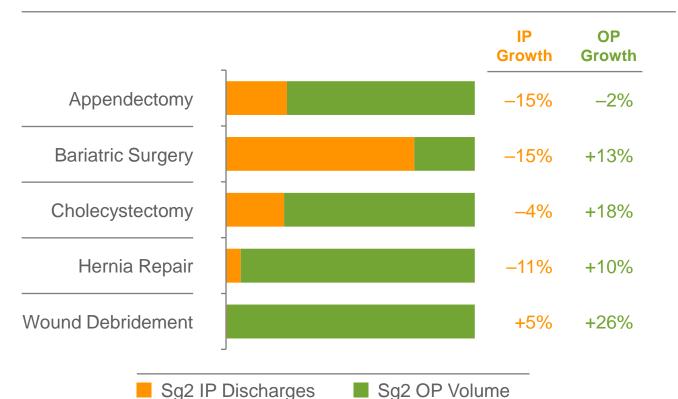


# **Surgery:** Nonoperative Treatment Options and Population Drive Trends, Acuity Determines Site-of-Care Shifts



#### **Surgery Volume IP/OP Proportions and Forecast**

Select Procedures, US Market, 2024–2034



### **PROCEDURE HIGHLIGHTS**

Appendectomy: Adoption of medical management approach causes decline in both IP and OP settings.

 Bariatric Surgery and Cholecystectomy: Alternative approaches stifle surgery growth; IP cases are reserved for higher acuity while others continue to shift OP.

- Hernia Repair: OP shift is complete in most markets, and growth is driven by population.
- Wound Debridement: Although GLP-1 agonists will slightly reduce the need for wound debridement, a persistent rise in chronic care will drive overall growth

Note: Analysis excludes 0–17 age group. Wound debridement includes discharges for the following DRGs: 463, 464, 465, 570, 571, 572, 622, 623, 624, 901, 902, 903. Sources: Impact of Change<sup>®</sup>, 2024; HCUP National Inpatient Sample (NIS). Healthcare Cost and Utilization Project (HCUP) 2019. Agency for Healthcare Research and Quality, Rockville, MD; Proprietary Sg2 All-Payer Claims Data Set, 2022; The following 2022 CMS Limited Data Sets (LDS): Carrier, Denominator, Home Health Agency, Hospice, Outpatient, Skilled Nursing Facility; Claritas Pop-Facts<sup>®</sup>, 2024; Sg2 Analysis, 2024.



Sg2, a Vizient company, is the health care industry's trusted partner for accelerating growth and improving financial results. Our analytics and expertise help health care leaders achieve sustainable growth and maintain market relevance by optimizing System of CARE, payer and consumer strategies.



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